



New Mini-Book from

# Shepherd Press

Gospel driven • Heart focused • Life changing



From the publishers of *Shepherding a Child's Heart*



### At a Glance...

Help! I'm a Single Mom  
Carol Trahan

Mini-Book, 64pp, 6 x 4 inches,  
Saddle stitched

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*Consulting Editor: Dr. Paul Tautges*



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BISAC: REL050000 RELIGION / Christian Ministry / Counseling & Recovery

BIC: HRCV3 Christian counselling

### Table of Contents

Introduction: Tear Up the Script  
Devastated, but Not Destroyed  
Seeing with the Eyes of Faith  
Embracing a God-Centered Mentality  
Living as a Soldier  
Conclusion: God's Orchestra has a Beautiful Sound  
Personal Application Projects  
Where Can I Get Further Help?

**Short Description:** Living in a world gone wrong, bad things happen like widowhood, divorce, separation. Here is biblical counsel on how to cope in difficult circumstances.

You probably never planned to be a single mom. You may feel confused, heartbroken, and overwhelmed. "Why has this happened?" you may ask yourself. "How will I cope? How will I pay the bills and raise my kids on my own?" This booklet, written by a single mom who wrestles with these challenges, will encourage you to trust God's sovereign plan, knowing that his wisdom and love are perfect.

### Reading Audience

- Single moms
- Christian counselors
- Pastors and church ministry teams
- Small-group leaders

### Features and Benefits

- A pertinent subject today
- Easy to read and apply
- May be used with confidence to bring the gospel message clearly
- Good for use in small groups or one-to-one counseling situations
- Endorsed by key counseling organizations



**Author** Carol Trahan (BS, MA) has been a widow and single mother since 1994. She currently serves on the faculty of Harvest Ministries located on the island of Guam and is a frequent speaker at ladies' conferences.

You can trust these resources to provide accessible, practical, and Bible-saturated help with many of the most common and perplexing problems found in our fallen world.—*Dr. Heath Lambert*

I wholeheartedly recommend this series of mini-books.—*Dr. Wayne Mack*

The Lifeline mini-book series is an invaluable tool.—*Dr. John Street*

...unique combination of biblical truth succinctly related to specific real-life issues.—*Dr. Bob Kellemen*

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