



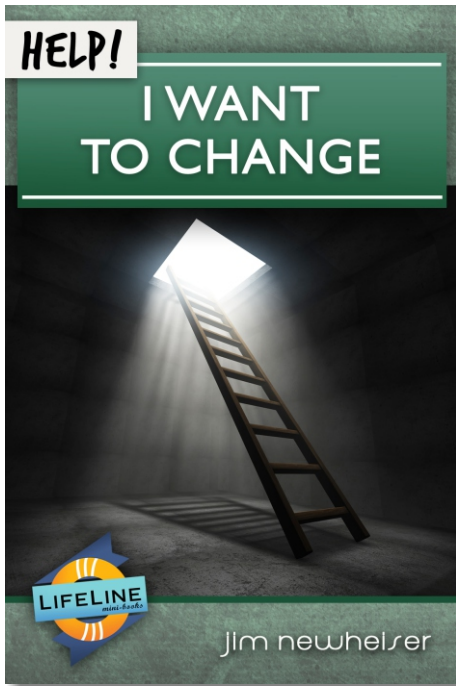
New Mini-Book from

Shepherd Press

Gospel driven • Heart focused • Life changing



From the publishers of *Shepherding a Child's Heart*



At a Glance...

Help! I Want to Change
Jim Newheiser

Mini-Book, 64pp, 6 x 4 inches,
Saddle stitched

ISBN Paper: 978-1-63342-015-1
ISBN Mobi: 978-1-63342-017-5
ISBN Epub: 978-1-63342-016-8

Suggested retail prices

Paper: \$4.00

Mobi: \$2.00

Epub: \$2.00

Ebooks: Available now

Paper: Available September 2014

Consulting Editor: *Dr. Paul Tautges*



9 781633 420151



BISAC: REL050000 RELIGION / Christian Ministry / Counseling & Recovery

BIC: HRCV3 Christian counseling

Table of Contents

Introduction

1 Unbiblical Methods Lead to Failure

2 The Gospel is the Key to Change

3 Your Responsibility toward Change

4 When Will Change Take Place?

Conclusion

Personal Application Projects

Where Can I Get Further Help?

Short Description: A small book helping people to build spiritually healthy lifestyles

“Why can’t I change?” Have you ever asked this? Maybe you want more discipline in your eating habits. Or perhaps you struggle to keep your spending under control or maintain daily Bible reading and prayer. Change is hard, and our attempts often result in failure. This booklet explains that it is the gospel—what God has done for us—that is the key to change and that empowers us to make changes that will please God.

Reading Audience

- Anyone who is serious about making progress in the Christian life
- People who are struggling with besetting sins and habits
- Counselors, ministers and Christian workers who are helping people who seem to be trapped in certain situations

Features and Benefits

- A pertinent subject today
- Easy to read and apply
- May be used discretely
- Good for use in small groups or one-to-one counseling situations
- Endorsed by key counseling organizations



Author Jim Newheiser: MA, DMin, Westminster Theological Seminary, has been practicing biblical counseling for over 20 years is a NANC Fellow and has served as the director of IBCD since 2006. He has been a pastor at Grace Bible Church in Escondido, CA since 1990.

You can trust these resources to provide accessible, practical, and Bible-saturated help with many of the most common and perplexing problems found in our fallen world.—*Dr. Heath Lambert*

I wholeheartedly recommend this series of mini-books.—*Dr. Wayne Mack*

The Lifeline mini-book series is an invaluable tool.—*Dr. John Street*

...unique combination of biblical truth succinctly related to specific real-life issues.—*Dr. Bob Kellemen*

www.lifelineminibooks.com

Many more mini-books in preparation. Visit www.lifelineminibooks.com for more details and a full schedule. There you may...

- Engage in social media networking
- Learn much more about the authors
- Get special discount deals
- Find out about special merchandising offers

